AF WingMoms WOT 5 Questionnaire

Week/Date _____

1. One a scale from 1-10, how well did your FLT do as a team this past week?

10 9 8 7 6 5 4 3 2 1

2. Funniest/meanest thing your MTI said this week:

3. Where are you standing in your flight picture? (Did you order pictures?)

- 4. How do you prefer to use your weapon other than as a firing weapon?
 - a) Butt stroke
 - b) Smash
 - c) Slash
 - d) Thrust
 - e) Depends on what is needed

5. How many miles do you walk/run/march every day?

6. Which family member/friend would you like to see go through ZERO week for fun?

7. TRUE / FALSE Being here really is life changing, and I am not the same person I was in the beginning.

- 8. If you could only pick one; which would it be:
 - a. A 20 minute hot shower
 - b. A 20 minute meal of your choice with no one yelling
 - c. 20 minutes extra sleep

9. My cleaning/folding skills have (increased, decreased, stayed the same) since the beginning of boot camp.

- 10. Is the PT getting any easier?
 - a. Yes
 - b. It's about the same
 - c. Still hate it.
- 11. Is the food getting any better?
 - a. Yes
 - b. It's about the same
 - c. Still hate it.
- 12. How do you feel about your final evaluations?
 - a. Should be easy! Feelin' good.
 - b. Need work on my WRITTEN / PHYSICAL part
 - c. Excited to be done
- 13. How many times have you been to church in Basic?
 - a. Zero
 - b. Twice or less
 - c. Every week (or almost)
 - d. I wanted to, but was busy doing other things
- 14. Being here 5 weeks has _____ my decision about joining the Air Force.
 - a. reinforced; (this is what I want to do! Sign me up for 25 years!)
 - b. made me question; (It isn't what I was expecting)
 - c. It's too soon to tell, maybe after Tech school and when I have a "job"
- 15. Who has sent you the most letters during BMT?
 - a. Wife / GF / Fiancé
 - b. Mom / Dad
 - c. Siblings; Sister(s) / Brother(s)
 - d. Friends

16. If 100% is where you'd want to be, and your best potential, Right now how do you feel...

Physically? _____ % Emotionally? _____ % Spiritually? _____% Mentally? _____% 17. What do you wish your recruiter told you about BMT at Lackland:

- 18. What advice you should've taken but didn't:
- 19. I'm sure you miss "XYZ" from when you were home. How has that made you feel?
 - a. As soon as I get the chance, I'm indulging in "XYZ!"
 - b. I've realized I don't really need "XYZ," maybe I've broken the habit.
 - c. It's been so long without "XYZ" it doesn't really matter if I go longer without it. What is "XYZ?" _____
- 23. How many times did you get sick during BMT? (a cold, etc)
 - a. None, thankfully! (*knock on wood*)
 - b. Once, but it passed quickly
 - c. At least once!
 - d. I felt sick the whole time
- 24. ANY SPECIAL SHOUT-OUTS?
- 25. Which is the hardest fear to overcome?
 - a) heights
 - b) confined spaces
 - c) the upcoming gas chamber
 - d) fear? Not in my vocabulary!

26. What kept you going when your muscles were sore, you were out of breath, and sweat was pouring in your eyes?

- a) Intestinal fortitude
- b) Warrior ethos
- c) Peer/Wingman pressure and support
- d) MTI yelling
- e) other ____
- 27. How are you feeling about PACER FORGE?
 - a) I'm ready. Looking forward to the challenge.
 - b) I wish I had paid more attention to some of the earlier classes.
 - c) I can't stop to think about it.