

Today is	(date)		
1. Last night I we	nt to bed at	_AM and slept for	_ Minutes/Hours.
2. Is anyone in the same career field that you are going into? If so, who?			
3. What have you	liked the best about BMT?		
4. What have you	disliked the most about BMT?	)	
-	fitness test I did push nutes.	n-ups, sit ups, and I d	id my 1½ mile run in
6. If 100% is where you'd want to be, and your best potential, right now how do you feel?			
Physically	%		
Emotionally	%		
Spiritually	%		
Mentally%			
7. Do you have a	nickname? If so, what is it?		
8. What church are you going to? What time is church?			
9. Is anyone in your flight not getting mail that I could write to?			
10. Which piece of clothing is hardest to fold/roll/whatever the Air Force way?			
a) Socks			
b) T-shirts			
c) Underwear			

d) Towels