

### AF WingMoms WOT 3 Questionnaire (You know the drill!)

Today is week \_\_\_\_\_ (date) \_\_\_\_\_

1. Have you been able to successfully avoid the snake pit?
  - a. Yep! Keep your head down and be focused.
  - b. I've been ok. I escaped relatively unscathed.
  - c. OMG! I was bitten!
  - d. other
  
2. If I had one wish in relation to Basic Training, it would be:
  - a. more sleep
  - b. better beds
  - c. better foods
  - d. kinder and gentler MTIs
  - e. other
  
3. I was looking at the amount of time that you spend on every activity each week.  
Did you really spend an hour sanitizing your canteen?      Yes      No  
How did you do it?
  
4. How hard is it to keep your weapon clean?
  - a. no big deal
  - b. I bought a million Q-tips and have used almost every one!
  - c. clean weapon? It doesn't get dirty.
  - d. OMG – it is a losing battle.
  - e. other
  
5. What are you studying every night?
  
  
6. How long does it take your squad for a fire drill? \_\_\_\_\_
  
  
7. What is the best part of the day?
  - a. PT – love to run!
  - b. bedtime – I collapse at the end of the day.
  - c. meals – food is great!
  - d. mail time
  - e. other
  
8. When I passed my fitness test I did \_\_\_\_\_ push-ups, \_\_\_\_\_ sit ups, and I did my run  
In \_\_\_\_\_. What color belt are you wearing?

9. I understand a 341 can be given for positive and negative behavior. Have you received one? If so, why?

10. How long do you get to eat?

- a. 5 minutes
- b. 10 minutes
- c. 15 minutes
- d. unlimited

11. Have you have to scrub the bathrooms down with a toothbrush yet?

Yes

No

Not me, but someone else has!

12. The song I sing in my head most often is...

13. Did you get BCGs? (eye glasses)

- a. I don't have to wear them.
- b. Not too shabby... kinda cool!
- c. Horrible. I look like a \_\_\_\_\_.
- d. Neutral; don't hate them, don't love them.

14. What's the funniest thing that has happened to anyone in your group?

15. What's the hardest thing you've had to do?

16. How did it feel to get your blues this week?

17. What have you learned about healthy lifestyles?

18. How did your PT appraisal go?

19. Graduation weekend, do you want us to try to get a hotel on base or get one off base?

