AF WingMoms WOT 5 Questionnaire

Week/Date ________________________

1. One a scale from 1-10, how well did your FLT do as a team this past week?

   10  9  8  7  6  5  4  3  2  1

2. Funniest/meanest thing your MTI said this week:

3. Where are you standing in your flight picture? (Did you order pictures?)

4. How do you prefer to use your weapon other than as a firing weapon?
   a) Butt stroke
   b) Smash
   c) Slash
   d) Thrust
   e) Depends on what is needed

5. How many miles do you walk/run/march every day?

6. Which family member/friend would you like to see go through ZERO week for fun?

7. TRUE / FALSE Being here really is life changing, and I am not the same person I was in the beginning.

8. If you could only pick one; which would it be:
   a. A 20 minute hot shower
   b. A 20 minute meal of your choice with no one yelling
   c. 20 minutes extra sleep

9. My cleaning/folding skills have (increased, decreased, stayed the same) since the beginning of boot camp.
10. Is the PT getting any easier?  
   a. Yes  
   b. It’s about the same  
   c. Still hate it.

11. Is the food getting any better?  
   a. Yes  
   b. It’s about the same  
   c. Still hate it.

12. How do you feel about your final evaluations?  
   a. Should be easy! Feelin’ good.  
   b. Need work on my WRITTEN / PHYSICAL part  
   c. Excited to be done

13. How many times have you been to church in Basic?  
   a. Zero  
   b. Twice or less  
   c. Every week (or almost)  
   d. I wanted to, but was busy doing other things

14. Being here 5 weeks has __________ my decision about joining the Air Force.  
   a. reinforced; (this is what I want to do! Sign me up for 25 years!)  
   b. made me question; (It isn’t what I was expecting)  
   c. It’s too soon to tell, maybe after Tech school and when I have a “job”

15. Who has sent you the most letters during BMT?  
   a. Wife / GF / Fiancé  
   b. Mom / Dad  
   c. Siblings; Sister(s) / Brother(s)  
   d. Friends

16. If 100% is where you’d want to be, and your best potential, Right now how do you feel…  
   Physically? _____ %  
   Emotionally? _____ %  
   Spiritually? _____%  
   Mentally? _____%
17. What do you wish your recruiter told you about BMT at Lackland:

18. What advice you should’ve taken but didn’t:

19. I’m sure you miss “XYZ” from when you were home. How has that made you feel?
   a. As soon as I get the chance, I’m indulging in “XYZ”!
   b. I’ve realized I don’t really need “XYZ,” maybe I’ve broken the habit.
   c. It’s been so long without “XYZ” it doesn’t really matter if I go longer without it.
   What is “XYZ?”

23. How many times did you get sick during BMT? (a cold, etc)
   a. None, thankfully! (“knock on wood”)
   b. Once, but it passed quickly
   c. At least once!
   d. I felt sick the whole time

24. ANY SPECIAL SHOUT-OUTS?

25. Which is the hardest fear to overcome?
   a) heights
   b) confined spaces
   c) the upcoming gas chamber
   d) fear? Not in my vocabulary!

26. What kept you going when your muscles were sore, you were out of breath, and sweat was pouring in your eyes?
   a) Intestinal fortitude
   b) Warrior ethos
   c) Peer/Wingman pressure and support
   d) MTI yelling
   e) other

27. How are you feeling about the upcoming BEAST week?
   a) I’m ready. Looking forward to the challenge.
   b) I wish I had paid more attention to some of the earlier classes.
   c) I can’t stop to think about it.